

Who is eligible?

All children, adolescents, and young adults who are in their respective age ranges.

Why it matters?

Assessing physical, emotional and social development is important at every stage of life, particularly with children and adolescents. Well-care visits provide an opportunity for providers to influence health and development and they are a critical opportunity for screening and counseling.¹

Measure Description

This measure is based on the American Academy of Pediatrics Bright Futures guidelines for Health Supervision of Infants, Children, and Adolescents.¹ In addition to the Bright Future Guidelines, the AAP publishes a recommended schedule of screenings and assessments, known as the periodicity schedule, that outlines what to do at every visit, from infancy to adolescence.² Bright Futures recommends more frequent well-child visits in the first years of life and one or more well-child visits from age 3-21. They recommend that the well-child visits include, but are not limited to, an initial/interval medical history, physical exam, developmental assessment, immunization and anticipatory guidance.

Well-Child Visits in the First 30 Months of Life (W30)

The percentage of members who had the following number of well child visits with a PCP during the last 15 months. The following rates are reported:

- 1. Well-Child Visits in the First 15 Months: Children who turned 15 months old during the measurement year: Six or more well-child visits.
- 2. Well-Child Visits for Age 15 Months-30 Months: Children who turned 30 months old during the measurement year: Two or more well-child visits.

Child and Adolescent Well-Care Visits (WCV)

The percentage of members 3–21 years of age who had at least one comprehensive well care visit with a PCP or an OB/GYN practitioner during the measurement year.

Measurement Tips

- Visits must be with a primary care provider (PCP).
- · There must be at least two weeks between each well-child visit.
- Assessment or treatment of an acute or chronic condition do not count towards the measure.
- Sick visits may present an opportunity to complete a well-visit if clinically appropriate (see sections below for further information).

NOTE: As of Measurement Year 2025 (MY25), telehealth visits are no longer eligible visits.



Best Practices

- Provide reminder calls or texts before appointments and after missed appointment to reschedule.
- Schedule appointments in advance or at the end of each appointment to allow for availability.
- Consider extending standard office hours into the evening, early morning or weekends and explore methods to ensure parents or guardians are aware of available hours.
- Educate expecting parents on the well-child periodicity schedule prior to delivery.
- · Schedule catch-up well-child visits for members who are off-track as needed.
- Encourage parents or guardians to utilize patient portal platforms such as MyChart to schedule appointments, keep track of visits, communicate with their PCP, and update health information.
- Utilize <u>Texas Health Steps (THSteps) resources</u> such as the <u>THSteps Periodicity Schedule</u> and THSteps <u>Anticipatory Guidance Provider Guide</u>.

Claims Codes

The following federal and state mandated components must be documented in the member's medical record for the well-child visit to be considered complete:

- Comprehensive health and developmental history, including physical and mental health development
- Comprehensive unclothed physical examination
- Immunizations appropriate for age and health history
- Laboratory tests appropriate to age and risk, including lead toxicity and specific federallymandated ages
- · Health education including anticipatory guidance
- Dental referral

NOTE: The member's medical record must include documentation to support the rationale a component was not completed, and a plan to complete the component(s) if not due to parent or caregiver concern or reasons of conscience, including religious beliefs. Please refer to the <u>Texas Medicaid Provider Procedures Manual</u> for additional information and guidance.

Well-Child Visits in the First 30 Months of Life (W30)

Age Range	CPT Codes (New Patients)	CPT Codes (Established Patients)	ICD-10 Diagnosis Codes
0-7 Days	99381	99391	Z00.110
8-28 Days	99381	99391	Z00.111
29-364 Days	99381	99391	Z00.121*, Z00.129†
12-30 Months	99382	99392	Z00.121*, Z00.129†

* With abnormal findings. † Without abnormal findings.

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Child and Adolescent Well-Care Visits (WCV)

Age Range	CPT Codes (New Patients)	CPT Codes (Established Patients)	ICD-10 Diagnosis Codes
3-4 Years	99382	99392	Z00.121*, Z00.129†
5-11 Years	99383	99393	Z00.121*, Z00.129†
12-17 Years	99384	99394	Z00.121*, Z00.129†
18-21 years	99385	99395	Z00.121*, Z00.129†

* With abnormal findings. † Without abnormal findings.

Note: Both CPT and appropriate ICD-10 codes must be present for claim to be paid. Claims should be billed using the child's Medicaid number.

How can providers turn a sick visit into a well visit?

- Sick visits, weight checks, and physicals do not themselves count towards the measure. However, these encounters present an opportunity to complete well-child visits.
- Claims can be submitted for both a sick visit and a preventative well-child visit for the same date of service by adding modifier 25 to the claim.

E/M Description & Age Range	Well-Child Visit Diagnosis Code (in the Primary Position)	Well-Child Visit E/M Code	Allowable Sick Visit With Modifier 25 (when billed with a well-child visit)
New Patient 3-4 Years	Z00.121	99382	99202-25
Established Patient 3-4 Years	Z00.121	99392	99212-25
Established Patient 12-17 Years	Z00.129	99394	99213-25

Examples of Proper Coding

* With abnormal findings. † Without abnormal findings.

Documentation Tips

- Modifiers 25 must be billed in the first modifier position with the applicable evaluation and management (E/M) code for the allowed sick visit – the sick visit will be denied if Modifier 25 is not billed in the first position.
- Appropriate diagnosis codes must be billed for the respective well-child visit and sick visit.
- Proper medical record documentation is required to support the CPT codes and the E/M codes billed. This documentation should be able to be split into two separate notes supporting both E/M services billed for the visit.



Additional Resources

Provider Resources

- <u>Clinical Practice Guidelines</u>
- American Academy of Pediatrics Bright Futures Resources
- NCQA Well-Child Visits in the First 30 Months of Life (W30)
- NCQA Child and Adolescent Well-Care Visits (WCV)

Members Resources

- <u>TCHP Transportation Assistance</u>
- <u>TCHP Heathy Rewards Program</u>
 - Well-Child Checkups Reward
 - Young Adult Wellness Visit Reward

¹ Hagan, J.F., J.S. Shaw, and P.M. Duncan, eds. 2017. Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents. Fourth edition. Elk Grove Village, IL: Bright Futures/American Academy of Pediatrics.

² Bright Futures & American Academy of Pediatrics. 2020. Periodicity Schedule—Recommendations for Preventive Pediatric Health Care. <u>https://www.hhs.texas.gov/providers/health-services-providers/texas-health-steps/ medical-providers</u>